

The Knowledge[Gyaan] of Life of Before Salvation/of Examination Life/of Life :



Must Never Drink Water or Milk that has not Been Adequately Filtered, Nor Should They Bathe in Water that is Infested with Minute Creatures.



Medication that Comprises of Meat or Alcoholic Constituents Should not be Used. To Ensure that this will never Occur, If the Ingredients of a Medicine are Unknown, It Must not be Consumed.



The Scriptures and Customs have Dictated Where It is Wrong for Bodily Functions (Excreting, Urinating, Spitting etc.) to be Performed. Must Abide by These Conventions.



Should Only Use the Entrances and Exits of Premises that are Meant for that Purpose. No Building Should be Occupied without Prior Consent from the Owner.



Should Awaken Each Day Before the Sun Rises
Seated in One Position, Should Brush Their Teeth
and then Bathe Using Clean Water. One Clean
Cloth should then be Wrapped Around Their Waist
and Another Draped Around Their Shoulders.



In Response to a Tragedy , Whether It is a Natural Calamity, Caused by Another Person, or An Illness, Should Always React in a Manner that will Best Protect Themselves and All Others. They Must Never Behave in Any Other Way.



Gruhastha Must be Aware that Their Spending Should be in Accordance to Their Own Income. If Expenditure Exceeds Their Means, They will have to Suffer Hardship. They Should Keep Track of Their Income and Expenses. Each Day, They Should Recall and Clearly Record All the Transactions that They have Made.



If We want Lead/Spend Our Life with Confidently, with Safely, with Securely and with Perfectly then Keep Complete to Self from Physical Situation, from Mental Situation and from Economic/Financial Situation Because, If We are not Keep Complete to Self from Physical Situation, from Mental Situation and from Economic/Financial Situation then We are Lead/Spend Our Life with Unconfidently, with Unsafely, with Insecurely and with Non-Perfectly But, If We are Keep Complete to Self from Physical Situation, from Mental Situation and from Economic/Financial Situation then We are Lead/Spend Our Life with Confidently, with Safely, with Securely and with Perfectly so Never Keep Incomplete to Our Self from Physical Situation, from Mental Situation and from Economic/Financial Situation But, Keep Complete to Our Self from Physical Situation, from Mental Situation and from Economic/Financial Situation in Life(Before Salvation).



The Proteins OR Vitamins OR Other Any Things are Not Change Soul and Soul's Brain But, The Truth Atmosphere, Truth Knowledge and Habit are Change Soul and Soul's Brain and Virtue.



When the Voice and The Vision on the Inside
Become More Profound, Clear, and Loud than The
Opinions on the Outside, You've Mastered Your
Life !



What's Beautiful About the Teaching of The Secret is that There's More than Enough to Go Around for Everyone.

There is a Lie that Acts Like a Disease/Illness/Pest/Sickness within the Mind of Humanity. And that Lie is, "There's not Enough Good to Go Around. There's Lack and There's Limitation and There's Just not Enough." And that Lie has People Living in Fear, Greed, Stinginess. And Those Thoughts of Fear, Greed, Stinginess, and Lack Become Their Experience. so The World has Taken a Nightmare Pill.

The Truth is that There's More than Enough Good to Go Around. There's More than Enough Creative Ideas. There's More than Enough Power. There's More than Enough Love. There's More than Enough Joy. All of this Begins to Come Through a Mind that is Aware of Its Own Infinite Nature.



To Think There is not Enough is to Look at the Outside Pictures and Think that Everything Comes from the Outside. When You Do that, You will Most Surely See Lack and Limitation. You Now Know that Nothing Comes Into Existence from the Outside, and that Everything First Comes from Thinking and Feeling It on the Inside. Your Mind is the Creative Power of All Things. So How can There be Any Lack? It's Impossible. Your Ability to Think is Unlimited, and so The Things You can Think Into Existence are Unlimited. And so It is with Everyone. When You Truly Know this, You are Thinking from a Mind that is Aware of Its Own Infinite Nature.



You are Here on this Glorious Planet, Endowed with this Wonderful Power, to Create Your Life! There are No Limits to What You can Create for You, Because Your Ability to Think is Unlimited! But You cannot Create Other People's Lives for Them. You cannot Think for Them, and If You Try to Force Your Opinions on Others You will Only Attract Like Forces to You. So Let All Others Create the Life They want.



If You have Any Lack, If You are Prey to Poverty or Disease, It is Because You Do not Believe or Do not Understand the Power that is Yours. It is not a Question of the Universal Giving to You. It Offers Everything to Everyone—There is No Partiality.



The Secret Means that We are Creators of Our Universe, and that Every Wish that We want to Create will Manifest in Our Lives. Therefore, Our Wishes, Thoughts, and Feelings are Very Important Because, They will Manifest.



You've Come to this Juncture in Your Life, Merely Because Something in You Kept Saying, "You Deserve to be Happy." You Were Born to Add Something, to Add Value to this World. To Simply be Something, Bigger and Better than You Were Yesterday.



You Get to Fill the Blackboard of Your Life with
Whatever You want.



Like All the Laws/Rules of Nature, There is Utter Perfection in this Law/Rule. You Create Your Life. Whatever You Sow, You Reap! Your Thoughts are Seeds, and The Harvest You Reap will Depend on The Seeds You Plant.



Giving is a Powerful Action to Bring More Money Into Your Life, It will not be Surprising to You to Learn That the Wealthiest People on the Planet are the Greatest Philanthropists. They Give Away Vast Amounts of Money, and As They Give, by The Law/Rule of Attraction, the Universe Opens Up and Floods Vast Amounts of Money Back to Them.



There is a Big Difference Between Giving and Sacrificing. Giving from a Heart that is Overflowing Feels so Good. Sacrificing Does not Feel Good. Don't Confuse the Two—They are Diametrically Opposed. One Emits a Signal of Lack and the Other Emits a Signal of Morethan-Enough. One Feels Good and One Does not Feel Good. Sacrifice will Eventually Lead to Resentment. Giving from a Full Heart is One of the Most Joyous Things You can Do, and the Law/Rule of Attraction will Grab Hold of That Signal and Flood Even More Into Your Life. You can Feet the Difference.



Think of a Car Driving Through the Night The Headlights Only Go a Hundred to Two Hundred Feet Forward, Because All You have to See is the Next Two Hundred Feet. And That's How Life Tends to Unfold Before Us. If We Just Trust That the Next Two Hundred Feet will Unfold after That, and The Next Two Hundred Feet will Unfold after That, Your Life will Keep Unfolding. And It will Eventually Get You to the Destination of Whatever It is You Truly want, Because You want It.



You Don't have Enough Money in Your Bank Account, or You Don't have the Relationship That You want, or Your Health and Fitness aren't Up to Par. That's not Who You are; That's the Residual Outcome of Your Past Thoughts and Actions. So We're Constantly Living in this Residual, If You will, of the Thoughts and Actions We've Taken in the Past.



“The Greatest Revolution in Our Generation is the Discovery That Human Beings, by Changing the Inner Attitudes of Their Minds, can Change the Outer Aspects of Their Lives.”



The Law/Rule of Attraction has Been Called the Law/Rule of Love, Because the Law/Rule Itself is a Gift of Love to Humanity. It is The Law/Rule by Which We can Create Incredible Lives for Ourselves.

The More Love We Feel, the Greater Our Power to Create a Magnificent Life of Love, Joy, and Harmony.



Why is It That Most Often You Find That Top-Quality Cars are Kept Immaculately Clean and Tidy by Their Owners, While the Older Cars are Often Dirty and Messy Inside?

The Difference is the Evidence of Appreciation. Appreciation of What You have Brings What You want.

That is How Those People Attracted the Better Cars to Them.



It is so Important That You are Grateful for Everything in Your Life. Many People Focus on the One Thing They want and then Forget to be Grateful for All the Things They have. Without Gratitude You cannot Achieve Anything Through the Law/Rule of Attraction, Because If You are not Emanating Gratitude from Your Being, then by Default You are Emanating Ungratefulness. Be Proactive and Use the Frequency of Your Being to Receive What You want.



Make a Huge List of All the Wonderful Things About You. Compliment People Wherever You Go. Praise Every Single Thing You See. Be a Ray of Sunshine to Everyone You Meet, and Make Their Day Better for having Seen You. Say “Thank you” at Every Turn. Walk, Talk, Think, and Breathe Appreciation and Gratitude.

When You Do this, Your Outer Life will Change to Reflect Your Inner State of Being.



You cannot Create in Another's Life Against Their will, But If it is Something They want, Your Thoughts are a Real Force That Helps Them.



To Live Equally Balanced Between Your Heart and Your Mind is to Live a Life of Bliss. When Your Heart and Mind are Balanced, Your Body is in Complete Harmony. And so is Your Life.



Each One of Us is the Creator of Our Own Lives,
and We cannot Create in Someone Else's Life
Unless the Other Person is Consciously Asking for
That Same Thing. For Example, When Someone
wants to be Well, then Others Around That Person
can Use Their Powerful Focus of Pure Wellness for
Them. The Positive Energy will be Received by the
Person Because They are Asking for It Themselves,
and It will Help Them Enormously.



If You Focus Completely on the Things You Love,
then You are on Your Way to a Beautiful Life.



You have the Master within You, and You are Being Guided in Every Single Moment of Your Life. Think for Yourself, and Choose for Yourself.



How is the Movie of Your Life Going? Do You Need to Make Any Script Changes on Money, Health, or Relationships? Is There Any Editing That You want to Do? Today is the Day to Make Any Changes to Your Movie That You want, Because Today's Changes will be Screening Tomorrow.



You are Diligent in Keeping Your Car Full of Fuel.
Are You as Diligent in Keeping Yourself Full with
Good Thoughts and Good Feelings?

You can Only Go in the Direction You want in Your
Life When You have the Right Fuel, and Enough of
It.



When You are No Longer the Slave to Your Own Emotions and Thoughts – When They No Longer have Their Way with You without Your Consent –You have Become the Master of your Own Being, and Your Entire Life in the Outside World will be Transformed. You will be the Master of the Law/Rule, You, and Your Life.



Change in a Country Begins with One Person. Each Country Reflects the Inner Peace or Turmoil of Its Mass Population, and so As One Person Changes They Affect the Rest of the Population. One Person has the Power within Them to Bring Massive Change to Their Country Through Immense Love and Peace within Themselves.



You are in a Partnership with the Law/Rule of Attraction, and It is Through Your Partnership That You are Creating Your Life. Every Other Person is in a Partnership with the Law/Rule of Attraction as Well, and They are Creating Their Own Lives. That Means You cannot Use the Law/Rule Against Another Person's free will. If You Attempt It, You Run a Real Risk of Attracting Your Own Freedom Being Taken from You.



Every Human Being on the Planet wants to be Happy. Anything That Anyone Desires is Because, They Think Their Desire will Make Them Happy.

Whether It is Health, Money, a Loving Relationship, Material Things, Accomplishments, a Job, or Anything at All, the Desire for Happiness is the Bottom Line of All of Them.



If Any Soul are Demand of Any Thing OR of Any then Never Say No for That Thing OR for That Any But, First Think[can Our Self Give to That Thing OR Any !) OR (can Do Finish to That Demand for That Thing OR for That Any) of That Soul OR can not !], If Our Self[(can Give to That Thing OR Any) OR (can Do Finish to That Demand of That Thing OR of That Any] of That Soul then Always/Forever Finish to That Demand of That Soul Because, If Our Self are Say No for That Thing OR for That Any then Our Self are Do Loss[of Suffer Good, Happiest and Positive Moment and Period/Term by Untouched of Thing OR of Any(Like a Which Thing OR Any was Demanded by That Soul)] so If Any Soul are Demand of Any Thing OR of Any then Never Say No for That Thing OR for That Any But, First Think[can Our Self Give to That Thing OR Any) OR (can Do Finish to That Demand of That Thing OR of That Any) of That Soul OR can not !], If Our Self[(can Give That Thing OR Any) OR (can Do Finish to That Demand of That Thing OR of That Any] of That Soul then Always/Forever Finish to

That Demand of That Soul.



Never Learn to Any type of Child About "Protein"[are Available in Egg OR in Any type of Non Vegetarian Food OR Product OR Thing] Because, If We are Learn About "Protein"[are Available in Egg OR in Any type of Non Vegetarian Food OR Product OR Thing] then Sometimes That Child[Which Child are Learn About Protein(are Available in Egg OR in Any type of Non Vegetarian Food OR Product OR Thing)] can Make Non Vegetarian to Self(by Greed of Get to Protein for It's Body) so Never Learn to Any type of Child About "Protein"[are Available in Egg OR in Any type of Non Vegetarian Food OR Product OR Thing] for Always/Forever.



The Life of Your Dreams has Always Been Closer
to You than You Realized.



There is so Much for You to Know. There is so Much for You to Understand About Yourself and Your Life. And It is All Good. In Fact It is Beyond Good, It is Phenomenal !



The Force of Attraction in Gravity Holds You and Every Person, Animal, Plant, and Mineral on Earth. The Force of Attraction can be Seen in All of Nature from a Flower Attracting Bees or a Seed Attracting Nutrients from the Soil, to Every Living Creature Being Attracted to Its Own Species.



In Universal Terms, the Law of Attraction Says: Like Attracts Like. What That Means in Simple Terms for Your Life is: What You Give Out, You Receive Back. Whatever You Give Out in Life is What You Receive Back in Life. Whatever You Give, by the Law/Rule of Attraction, is Exactly What You Attract Back to Yourself.

"To Every Action There is an Equal and Opposite Reaction."

Every Action of Giving Creates an Opposite Action of Receiving and What You Receive is Always/Forever Equal to What You've Given.

Whatever You Give Out in Life, Must Return to You. It is the Physics and the Mathematics of the Universe.

Give Positivity, You Receive Back Positivity; Give Negativity, You Receive Back Negativity. Give Positivity and You Receive Back a Life Full of Positive Things. Give Negativity and You Receive Back a Life Filled with Negative Things.



It's Impossible to have a Great Life without Love.
People Who have Great Lives Think and Talk
About What They Love More than What They Don't
Love!



You have to Talk About What You Love, to Bring
What You Love to You.



People Who have Great Lives Talk More About What They Love. By Doing so, They Gain Unlimited Access to All the Good in Life, and They are as Free as the Birds That Soar in the Sky. To have a Great Life, Break the Bars of the Cage That is Jailing You; Give Love, Talk Only About What You Love, and Love will Set You Free!

"Then You will Know the Truth and the Truth will Set You Free. "

Nothing is Impossible for the Force of Love. No Matter Who You are, No Matter What Situation You May be Facing, the Force of Love can Set You Free.



People Who have Great Lives Think and Talk
About What They Love More than What They Don't
Love.



You're a Feeling Being.

From the Moment You are Born, You are Always/Forever Feeling Something, and so is Every Other Person. You can Stop Your Conscious Thoughts When You're Sleeping, But You can Never Stop Feeling, Because to be Alive is to Feel Life. You are a Feeling "Being" to the Core of You, and so It's No Accident That Every Part of Your Human Body is Created so You can Feel Life !

You have the Sense of Sight, Hearing, Taste, Smell, and Touch, so That You can Feel Everything in Life. They are "Feeling" Senses, Because They Enable You to Feel What You See, Feel What You Hear, Feel What You Taste, Feel What You Smell and Touch. Your Entire Body is Covered with a Fine Layer of Skin, Which is a Feeling Organ, so You can Feel Everything.

How You Feel in Anyone Moment is More Important than Anything Else, Because How You Feel Right

Now is Creating Your Life.



Currencies want You. Health wants You. Happiness wants You. All the Things You Love want You!



If Your Life is not Filled with Everything You Love, It Doesn't Mean You're not a Good and Loving Person. The Life Purpose for Each of Us is to Overcome Negativity by Choosing Love.



Suppose You Don't Make a Connection When You Stop to Help Someone Who has Dropped Something in the Street and Ten Minutes Later You Get a Parking Space Right Outside the Supermarket Door. You Don't Make a Connection When You Happily Help Your Child with Their Homework and the Next Day You Receive News That Your Tax Refund will be Bigger than You Thought. You Don't Make a Connection When You Do a Favor for a Friend and, That Same Week, Your Boss Gives You Two Complimentary Tickets to a Sports Game. In Every Circumstance and Moment of Your Life You are Receiving What You have Given, Whether You Make the Connection or not.



Life is Supposed to be Fun! When You're having Fun, You Feel Great and You Receive Great Things! You have the Power Over Your Life, and You can Use It to Design Your Life in Whatever Way You want.



The Real Story -

The Real Story is That You are an Unlimited Being. The Real Story is That the World and the Universe are Unlimited. There are Worlds and Possibilities That You cannot See, But All of Them Exist. You have to Start Telling a Different Story!

Imagine and Feel Whatever You want and Those will be the Pictures You Receive Back in Your Life. Give Love as Much as You can and Feel as Good as You can, and the Force of Love will Surround You with People, Circumstances, and Events That You Love. You can be Whatever You want. You can Do Whatever You want. You can have Whatever You want.



Fall in Love with Life, Unleash the Power within
You, and You will Become Unlimited and Invincible!



"Even After All this Time, the Sun Never Says to the Earth, 'You Owe Me.' Look What Happens with a Love Like That! It Lights the Whole Sky."



Talk About the Things You Love About Your Home, Your Family, Your Spouse, and Children. Talk About the Things You Love About Your Friends. Tell Them What You Love About Them. Talk About the Trunks You Touch, Smell, and Taste That You Love.



In Ordinary Life We Hardly Realize That We
Receive a Great Deal More than We Give.



Why is It That so Many People Feel Bad About Money? It's not Because They have Never had Money, Because Most of the People Who have Money Began with Nothing. The Reason Why so Many People Feel Bad About Money is That They have Negative Beliefs About Money, and Those Negative Beliefs Were Fed Into Their Subconscious Minds When They Were Children. Beliefs Like "We can't Afford That," "Money is Evil," "Rich People Must be Dishonest," "Wanting Money is False/Wrong and It's not Spiritual," "Having Plenty of Money Means Hard Work."

When You're a Child, You Accept Just About Everything Your Parents, Teachers, or Society Tell You. And so without Realizing It, You Grow Up having Negative Feelings About Money. The Irony is That, at the Same Time That You're Told That Wanting Money is False/Wrong, You are Told That You have to Earn a Living, Even If It Means Doing Work You Don't Love. Maybe You Were Even Told That There are Only Certain Jobs You can Do to

Earn a Living, That It's a Limited List.

None of These Things is True.



When You don't Feel Good About Money, You Repel It. It will Never Stick to You. Even When You Get Some Extra Money You hadn't Figured on Receiving, in No Time at All You will Find That It has Slipped Through Your Fingers. Bigger Bills Come in, Things Break Down, and Unforeseen Circumstances of Every Kind Occur, All of Which Drains You of Money and Takes It Right Out of Your Hands.



You are Worthy of All the Money You Need Now!
You are Deserving of the Money You Need Now!
You are Meant to Work for the Joy of It. You're
Meant to Work Because It Thrills and Excites You.
You're Meant to Work Because You Love It! aa And
When You Love What You Do, Money Follows!



Money is Only a Tool for You to Experience the
Things You Love in Life.



You are Meant to have the Money You Need to Live a Full Life. You are not Meant to be Suffering from a Lack of Money, Because Suffering Adds Negativity to the World. The Beauty of Life is That When You Put Love First, All the Money You Need to Live a Full Life Comes to You.



Feel Love When You Pay for Anything Instead of Feeling Bad Because You have less Money. The Difference Between the Two is the Difference Between having Plenty of Money, and Struggling with Money for the Rest of Your Life.



Money is Only a Tool for You to Experience the Things You Love in Life. The Attractive Force of Love has Unlimited Ways for You to Receive What You want, and Only One of Those Ways Involves Money.



"Extend to Each Person, No Matter How Trivial the Contact, All the Care and Kindness and Understanding and Love That You can Muster, and Do It with No Thought of Any Reward. Your Life will Never be the Same Again."



Turn Away by Looking for the Things You Love in Life. Some Trainers May Even Hit You with Guilt, Feelings of Unworthiness, or Fear. Don't Fall for Any of Them, Because Negativity of Any Kind is not Love.



Everything has a Frequency - Everything! Every Word has a Frequency, Every Sound, Every Color, Every Tree, Animal, Plant, Mineral, Every Material Object. Every Type of Food and Liquid has a Frequency. Every Place, City, and Country has a Frequency. The Elements of Air, Fire, Earth, and Water All have Frequencies. Health, Disease, Plenty of Money, a Lack of Money, Success and Failure All have Frequencies. Every Event, Situation, and Circumstance has a Frequency. Even Your Name has a Frequency. But the Real Name of Your Frequency is What You are Feeling! And Whatever You're Feeling is Bringing Everything Into Your Life That's on a Similar Frequency to You.



You Give the Meaning to Everything in Life. No Situation Comes with a Label of Good or Bad. Everything is Natural. A Rainbow and a Thunderstorm are not Good or Bad, They're Just a Rainbow and a Thunderstorm. You Give the Meaning to a Rainbow by How You Feel About It. You Give the Meaning to a Thunderstorm by How You Feel About It. You Give the Meaning to Everything by the Way You Feel. A Job is not Good or Bad, It's Just a Job, But How You Feel About Your Job Determines Whether It will be Good or Bad for You. A Relationship is not Good or Bad in and of Itself, It's Just a Relationship, But How You Feel About a Relationship Determines Whether It will be Good or Bad for You.



If Your Mind is Consumed with too Many Details, the Details will Distract You and Pull You Down. Simplify Your Life, and Don't Give too Much Importance to the Little Things. What Difference Does It Make?



So What Happens When a Person Dies? The Body Doesn't Go Into Nonexistence, Because There's No Such Thing. It Integrates Itself Into the Elements. And the Being That is Inside You - the Real You - Doesn't Go Into Nonexistence Either. The Very Word "Being" Tells You That You will Always/Forever be! You are not a Human "Been"! You are an Eternal Being Living Temporarily in a Human Body. If You Stopped Existing, There Would be an Empty Space in the Universe, and the Whole Universe Would Collapse Into That Empty Space.



"The Question is not Really Whether or not You Go on, But Rather How are You Going to Enjoy It?"



You are an
Endless/Finishless/Infinite/Timeless/Unending
Being. You have All the Time in the World to
Experience Everything. There's No Lack of Time
Because You have Forever! You have so Many
Adventures Ahead, so Many Things to Experience.
Not Just Adventures on Earth, Because Once
We've Mastered Earth, We will Begin New
Adventures in Other Worlds. There are Galaxies,
Dimensions, and Life That We can't Even Imagine
Now, But We will Experience All of Them. And We
will Experience Them Together Because We are a
Part of Creation. Billions of Years from Now; When
We Look Out Into Creation for Our Next Adventure,
There will be Worlds Among Worlds, Galaxies
Among Galaxies, and Unlimited Dimensions,
Stretching Out Before Us for All Eternity.

And so Do You Think with All this That Perhaps You
are a Wee Bit More Special than You Ever
Considered Yourself to be? Do You Think Perhaps
You Might be a Little More Valuable than You

Thought? You, Every Person You Know; and Every
Person Who has Ever Lived have No End !



You Came Into this World with Your Love, and It is the Only Thing You Take with You.

You have the Greatest Force in the Universe within You. And with It, You will have an Amazing Life !

The Power is within You.



Food is a Gift! It's a Gift of Nature, Because There Would be Nothing for Any of Us to Eat If Nature Didn't Supply Us with the Soil, Nutrients, and Water to Grow Food. Without Water, There Would be No Food, Vegetation, Animals, or Human Life. We Use Water to Cook Our Meals, Grow Our Food, Maintain Our Gardens, Supply Our Bathrooms, Sustain Every Vehicle That Moves, Support Our Hospitals, Fuel, Mining, and Manufacturing Industries, Enable Transportation, Make Our Roads, Make Clothes and Every Consumer Product and Appliance on the Planet, Make Plastic, Glass, and Metal, Make Life-Saving Medications, and Build Our Homes and Every Other Building and Structure. And Water Keeps Our Bodies Alive. Water, Water, Water, Glorious Water !



Where Would We be without Food and Water? We Simply Wouldn't be Here. None of Our Family or Friends Would be Here Either. We Wouldn't have this Day, or Any Tomorrow. But Here We are on this Beautiful Planet Together, Living Life with Its Challenges and Ecstatic Joys, Because of Nature's Gifts of Food and Water !



If You are Traveling by Plane, Sprinkle Magic Dust by Saying Thank You to the Check-in People, the People in Security, the Person Who Checks Your Ticket as You Board, and the Cabin Crew Who Greet You as You Enter the Plane. During the Flight, Say Thank You to the Cabin Crew Every Time They Perform a Service for You. Serving Drinks and Food or Removing Your Plate or Trash is a Service. The Airline Thanks You for Flying with Them, the Captain Thanks You, and the Crew Thank You.



Store Assistants, Waiters, and Waitresses Work Very Hard to Serve People. They have Chosen a Job to Serve Other People, and Serving the Public Means Encountering All Kinds of People in Varying Moods, Including Those Who are Ungrateful. Next Time You are Being Served by Another Person, Remember That the Person Who is Serving You is a Precious Daughter or Son to Parents, an Irreplaceable Brother or Sister to Siblings, a Mother or Father to a Family and Children, and a Loved and Adored Partner or Friend.



Money can Come to You Through Receiving an Unexpected Check, an Increase in Salary, a Lottery Win, a Tax Refund, or an Unanticipated Gift of Money from Someone. Your Money can Also Increase When Somebody Else Spontaneously Picks Up the Tab for Coffee, Lunch, or Dinner, When You're About to Purchase an Item and You Discover It has Been Discounted, When There's a Money-Back Offer on a Purchase, or When Someone Gives You a Gift of Something You Needed to Buy. The End Result of Every One of These Circumstances is That You have More Money !



“To Speak Gratitude is Courteous and Pleasant, to Enact Gratitude is Generous and Noble, But to Live Gratitude is to Touch Heaven/Paradise.”



Never Use to Any type of Animal OR Soul by To Do Any type of Act OR Work from It OR by Any type of Weakness of It OR by Uniqueness of It Because, If We are Use to Any type of Animal OR Soul by To Do Any type of Act OR Work from It OR by Any type of Weakness of It OR by Uniqueness of It then We are Suffer Sadness and Unhappiness Far More than That Act(Karma) in Life(of Before Salvation/of Examination Life/of Life) so If Any Time Any type of Animal OR Soul are Weak OR Unique then Never Use to Any type of Animal OR Soul by To Do Any type of Act OR Work from It OR by Any type of Weakness of It OR by Uniqueness of It.



The is One Exam/Test, The Way We Do Our Desire
and Work the Same Way We Move, That is Why
We Should Never Keep Our Act and Desire Bad
OR Down But, Do All Our Tasks in a Better, Good
and Positive Way for Always/Forever.



“Be the Change That You Wish to See Most in Your World.” And Once You Do, Your Life will Change.



Nothing Could be Further from the Truth. A Meaningful Life is Made Up of a Series of Daily Acts of Decency and Kindness, Which, Ironically, Add Up to Something Truly Great Over the Course of a Lifetime.



If You Make Even One Person Smile During Your Day or Brighten the Mood of Even One Stranger, Your Day has Been a Worthwhile One.



To Live Happier, More Fulfilling Lives, When We Encounter a Difficult Circumstance, We Must Keep Shifting Our Perspective and Continually Ask Ourselves, “Is There a Wiser, More Enlightened Way of Looking at this Seemingly Negative Situation?”



We Walk this Planet for Such a Short Time. In the Overall Scheme of Things, Our Lives are Mere Blips on the Canvas of Eternity. So have the Wisdom to Enjoy the Journey and Savor the Process.



The Golden Thread of a Highly Successful and Meaningful Life is Self – Discipline. Without Self – Discipline, You will not Set Clear Goals, Manage Your Time Effectively, Treat People Well, Persist Through the Tough Times, Care for Your Health or Think Positive Thoughts.



The Quality of Your Life Ultimately is Shaped by the
Quality of Your Choices and Decisions.



When You Consistently Flex Your Willpower by Making Those Choices That You Know are the Right Ones (Rather than the Easy Ones), You Take Back Control of Your Life.



Writing Down Your Daily Experiences Along with
the Lessons You have Drawn from Them will Make
You Wiser with Each Passing Day.



Writing Regular One It will Also Make You a Clearer Thinker and Help You Live in a More Intentional and Enlightened Way. In Addition, It Provides a Central Place Where You can Record Your Insights on Important Issues, Note Key Success Strategies That have Worked for You and Commit to All Those Things You Know are Important to Achieve for a High – Quality Professional, Personal and Spiritual Life. And Your Personal Journal Gives You a Private Place to Flex Your Imagination and Define Your Dreams.



A Journal is not a Diary. A Diary is a Place Where Your Record Events While a Journal is a Place Where You Analyze and Evaluate Them. Keeping a Journal Encourages You to Consider What You Do, Why You Do It and What You have Learned from All You have Done. And Writing in a Journal Promotes Personal Growth and Wisdom by Giving You a Forum to Study, and then Leverage, Your Past for Greater Success in Your Future.



Remember, If Your Life is Worth Thinking About, It
is Worth Writing About.



Go on What I Call a “Truth Fast” for the Next Seven Days and Vow to be Completely Honest in All Your Dealings with Others – and with Yourself. Every Time You Fail to Do the Right Thing, You Fuel the Habit of Doing the False/Wrong Thing. Every Time You Do not Tell the Truth, You Feed the Habit of Being Untruthful. When You Promise Someone You will Do Something, Do It.



Happy People have Often Experienced as Much Adversity as Those Who are Unhappy. What Sets Them Apart is That They have the Good Sense to Manage Their Memories in a Way That Enriches Their Lives.



Start Your Day Well. You will Never be the Same.



The Most Effective People Concentrate on Their
“Areas of Excellence,” That is, on the Thing They
Do Best and on Those High – Impact Activities That
will Advance Their Life – Work.



Learning to Say No to the Non – Essentials will Give You More Time to Devote to the Things That have the Power to Truly Improve the Way You Live and Help You Leave the Legacy You Know in Your Heart You are Destined to Leave.



Nourish the Deepest Part of You, Plan for a Weekly Period of Peace – a Weekly Sabbatical – to Get Back to the Simpler Pleasures of Life.



When You can Spend Some Time Doing the Things You Love to Do the Most. Ideas Include Spending Time in Your Favorite Bookstore, Watching the Sun Rise, Taking a Solitary Walk Along a Beach and Writing in Your Journal. Organizing Your Life so That You Get to Do More of the Things You Love to Do is One of the First Steps to Life Improvement.



Regular Exercise will not Only Improve Your Health, It will Help You Think More Clearly, Boost Creativity.



Experiencing Solitude, for Even a Few Minutes a Day, will Keep You Centered on Your Highest Life Priorities and Help You Avoid the Neglect That Pervades the Lives of so Many of Us.



Life Change Takes Time, Effort and Patience.



Time is Your Most Precious Commodity. The Real Secret to Getting Control of Your Life is to Restore a Sense of Focus in Your Days.



Once You Start Spending the Hours of Your Days
Only on Those High – Leverage Activities and
Priorities That will Advance Your Life's Mission and
Legacy, Everything will Change.



To Practice Being More Loving, Create a Love Account. Each Day, Make a Few Deposits in this Very Special Reserve by Doing Something Small to Add Joy to the Life of Someone Around You. Buying Your Partner Fresh Cut Flowers for No Reason at All, Sending Your Best Friend a Copy of Your Favorite Book are All Good Places to Start.



If You Don't Act on Life, Life has a Habit of Acting on You. The Weeks Slip Into Months, the Months Slip Into Years.



To Get the Best from Life, You Must be Completely Present and Mindful in Every Minute of Every Hour of Every Day. “Real Generosity Towards the Future Consists in Giving All to What is Present.”



By Developing Present Moment Awareness and an Abundance of Mental Focus, You will not Only Feel Much Calmer in Your Life, You will Also Unlock the Fullness of Your Mind's Potential.



Life is a Self – Fulfilling Prophecy – It Gives You
Just About What You Expect form It.



Coaching has Become One of the Most Important Elements to a Complete Program of Personal and Professional Experience. People from All Walks of Life have Recognized this as One of the Best Ways to Create Positive Changes and Lasting Results in Their Lives.



Volunteering Affords You the Chance to Help
Others and Pay Back the Debt Owed to Those Who
have Helped You.



The Law/Rule of Attraction Says That We Attract
Inot Out Life That Which We Focus on.



Get Serious About Listening to Music That Inspires You. Build a Collection of Your Favorite Pieces and Play Something That Fills Your Heart with Joy Every Single Day of the Week.



The Time to Start Building Your Legacy is Today, not 10/Ten Years from Today When You “have More Time,” Because, We Both Know That Time will Never Arrive. Reflect on What It is You want to Create in Your Life.



Meditation will Make You a Far Better Parent, Life Partner, Businessperson and Friend.



A Person's Consciousness of It's Impermanence is
in Itself a Source of Great Intelligence.



The Best Time to Live a Richer, Wiser and More Fulfilling Life is Now.



The Monetary Reward You Receive is Determined
not by How Long You Work But by How Much
Value You Add.



To Get More from Life, You Need to be More in
Life.



To Live a Richer, More Rewarding Life, It is Essential That You Run Your Own Race. Stop Being to the Demands of Social Pressure at the Expense of Your Uniqueness.



If You Spend Your Life Focusing on Only the
Worthiest Pursuits, It is Certain to End in Complete
Joy.



No One Gets to Take His Possessions with Him When He Dies. At the End of the Day, the Thing We can Take with Us are Our Memories of All Those Great Life Experience That Add Meaning to Our Lives. Given this.



The Days Come and Go Like Muffled and Veiled
Figures Sent from a Distant, The Past is Gone, the
Future is But a Figment, so this Day is Really All
You can Own. Invest It Wisely.



You Change Your Life the Second You Make a Decision from the Depths of Your Heart to be a Better, More Dedicated Human Being. And the Best Life Change Decision You will Ever Make is the One to Live Every Moment of Your Days to the Fullest.



A Mastermind Alliance will not Only Cut Your Learning Curve in the Game of Life, It will Help You have Much More Fun Playing It.



To Create a Great Life, You Must Live More Intentionally, Deliberately and Passionately so That You Live on Your Own Terms Rather than on Someone Else's.



Improve Your Life, You Must First Improve Your Thinking.



We Need to Keep Our Ears and Eyes Open to the Realities of Life. We Should Process as Life is Happening.



To Become More Proactive During the Weeks Ahead, Begin to See Yourself as the Chief Executive Officer of Your Destiny, the CEO of Your Life. All Effective CEOs Realize That “If It’s Going to be, It’s Up to Me” and Act as the Catalysts of Their Own Dreams.



Seeing Yourself as the CEO of Your Life can
Create a Fundamental Shift in the Way You
Perceive Your World.



An Excellent Way to Raise to a Higher Level of Enlightenment and Personal Wisdom is to Make a List of the 10/Ten Biggest Mistakes You have Made in Your Life on the Left – Hand Side of a Page within Your Journal. Then, on the Right Hand Side, Write Down the Corresponding Lessons You have Learned from Every Mistake and the Benefits That Actually Flowed Into Your Life as a Result of Those so – Called Failures. be Gentler to Yourself
Discovery, Personal Growth and Lifelong Learning.



Recreation is Tremendously Important to a
Balanced Life. Recreation Must Restore You. Real
Recreation will Fill You with a Renewed Sense of
Optimism and Energy.



It the Corresponding Opportunity to Begin a Completely New Life. If You so Choose, Tomorrow can be the Day That You Start Getting Up Earlier, Exercising, Eating Well and Worrying less.



The Idea of Planting a Tree is an Excellent One. Watching a Tree Grow from a Sapling Into a Tall Oak will Keep You Connected with the Daily Passage of Time and the Cycles of Nature. Just as the Tree Grows and Matures, so too will You be able to Mark Your Personal Passages and Growth as a Human Being.



Planting a Tree for Each Child in Your Family is a Wonderful and Creative Act of Love and One That Your Kids will Remember for Many Years to Come.



When You Feel You Need Some Time Alone, Visit Sanctuary and Do Some of Those “Inner Development” Activities That are so Easy to Neglect During the Course of a Busy Day. Let the Renewing Power of Solitude Take Hold.



A Picture Truly is Worth a Thousand Words.
Photographs Capture and Record Life's Greatest
Memories.



Take More Pictures. Record the Best Times of Your Life. Collect Photographs of the Things That have Made You Smile OR Appreciate the Many Blessings this World Provides. Always/Forever Carry a Disposable Camera in Your Car and Two in Your Luggage When You Travel. You Might be Surprised How Good You will Feel When You Go Through Your Albums Years from Now.



As We Get Older, We All Become a Develop of
Merit.



One of the Timeless Secrets to a Long, Happy Life
is to Love Your Work.



If Something Negative has Happened in Your Life,
You can Change It. It is Never too Late, Because
You can Always/Forever Change the Way You
Feel.



When You can Laugh Yourself Out of a Bad Feeling, That is Really Something! You have Just Changed Your Life.



Do not Waste this Precious Human Life.



"If You Help Others, and Serve Others as Much as You can, That's the Proper Way to Lead a Meaningful Life."



We are But Visitors on this Planet. During That
Period, We Must Try to Do Something Good,
Something Useful with Our Lives.



Love and Compassion are Necessities, not
Luxuries. Without Them Humanity cannot Survive.



At Every Level of Society-Familial, Tribal, National,
and International the Key to Happier and More
Successful World is the Growth of Compassion.



We Should Begin by Removing the Greatest Hindrances to Compassion: Anger. As We All Know, These are Extremely Powerful Emotions and They can Overwhelm Our Entire Mind.

Nevertheless, They can be Controlled. If, However, They are not, These Negative Emotions will Plague us and Impede Our Quest for the Happiness of a Loving Mind. Compassion is by Nature Gentle, Peaceful, and Soft, But It is Very Powerful. It is Those Who Easily Lose Their Patience Who are Insecure and Unstable. The Arousal of Anger is a Direct Sign of Weakness.



When a Problem First Aries, Try to Remain Humble, Maintain a Sincere Attitude, and be Concerned That the Outcome is Fair. Of Course, Others May Try to Take Advantage of You, and If Your Remaining Detached Only Encourages Unjust Aggression, Adopt a Strong Stand. and If It is Necessary to Express Your View and Take Strong Countermeasures, Do so without Anger OR Ill-Intent.



If You can't Help Any One, at Least Don't Hurt Any One.



If in the Midst of Your Enjoyment of the World You
have a Moment, Try to Help in However Small a
Way Those Who are Downtrodden.



Healthy, Happy People can Talk Through Their Differences, Reaching a Compromise That All can Live with.



Every Human Being wants Happiness and Does not want Suffering. Neither Social Conditioning Nor Education Nor Ideology Affect This. From the Very Core of Our Being, We Simply Desire Contentment. I Don't Know Whether the Universe, with Its Countless Galaxies, Stars and Planets, has a Deeper Meaning OR not, But at thje Very Least, It is Clear That We Humans Who Live on this Earth Face the Task of Making a Happy Life for Ourselves.



Every Day, Think as You Wake Up, I have a Precious Human Life, I am not Going to Waste It. I am Going to Use All My Energies to Develop Myself.



As Our Status and Health Decline, We Quickly Realize. That is the Moment When We Learn Who is Really Helpful and Who is Completely Useless.



Love and Compassion are Necessities, not
Luxuries.



Once You Connect with Some Kind of Higher Purpose in Your Life, There will be a Corresponding Release of Passion and Energy/Power(Shakti). The Secret of Generating Extraordinary Levels of Passion in Your Life is to Discover Your Larger Purpose. Once You Find Your Calling, You Get Excited. And You Begin to Stand for Something Higher than Yourself.



You can Find Your Cause—Your Crusade—Exactly Where You are. No One has to Leave a Job to Find Something to Engage Their Heart and Excite Them. Often All That is Required is That a Person See Things Differently. And to Take That First Step. Today.



One of the Best Ways to Find the Higher Meaning in the Work You Do is to Use the Technique of Creative Questioning to Become Aware of the Impact Your Work has on the World Around You. Ask Yourself Questions Like, Who Ultimately Benefits from the Products and Services My Company Offers? or What Difference Do My Daily Efforts Make? Once You Do so, You will Start Noticing the Connection Between the Work You Do and the Lives You Touch. This will Inspire You.



One of the Greatest Lessons for a Highly Fulfilling Life is to Rise from a Life Spent Chasing Success to One Dedicated to Finding Significance.



When All the Clutter is Stripped Away from Your Life, Its True Meaning will Become Clear.



You Need to Bring More of Your Talents Into Your Work and Focus on the Things You Do Best.

Today, Decide to be Brilliant at What You Do. And in How You Live.



The Ones Who Fan the Flames of Their Human Potential and Truly Savor the Magical Dance of Life, Do Different Things than Those Whose Lives are Ordinary. Foremost Among the Things That They Do is Adopt a Positive[Sakaaraatmak] Paradigm About Their World and All That is in It.



The People Who Get on in Life are Those Who Dream Big Dreams and then Take Whatever Risks are Necessary to Bring Their Vision to Life. They Face Their Fears Directly, Get Into the Game and Live Their Days with Courage. It's Better to be a Lion for a Day than a Sheep All Your Life.



Most People Spend the Best Years of Their Lives in the Place of the Known. They Lack the Courage to Venture Out Into Foreign Territory and are Frightened to Leave the Crowd. They want to Fit in and are Afraid to Stand Out. They Dress Like Everyone Else, Think Like Everyone Else and Behave Like Everyone Else, Even If Doing so Doesn't Feel Right to Them. They are Reluctant to Listen to the Call of Their Hearts and Try New Things, Refusing to Leave That Shore of Safety. They Do What Everybody Else Does. In so Doing, Their Once-Shining Souls[Aatmaa] Begin to Darken. Success Lies in Being True to Yourself—and Living Life on Your Own Terms.



Thoughts are Vital, Living Things, Most People Don't Stop to Consider the Nature of Their Thoughts and Yet the Quality of Your Thinking Determines the Quality of Your Life. Your Thoughts form Your World. And What You Focus on Shapes Your Destiny.



Awareness Precedes Change. Before You can Change Something in Your Life, You Must First Become Aware of It and Begin to Really Pay Attention to It. You Must Build Some Awareness Around It. You will Never be able to Eliminate a Weakness You Don't Even Know About.



Your External Life can Never be Larger than What
Exists within.



If You Really want to Improve Your Outer World, Whether this Means Your Career, Your Relationships or Your Finances, You Must First Improve Your Inner World. The Most Effective Way to Do this is Through the Practice of Continuous Selfimprovement. Self-Mastery is the DNA of Life Mastery. Greatness is an Inside Game.



Fear[Dar] is a Conditioned Response, a Life-Draining Habit That can Easily Consume Your Energy/Power[Shakti], Creativity and Soul/Spirit If You are not Careful. When Fear[Dar] Rears Its Ugly Head, Beat It Down Quickly.



Freedom is Like a House: You Build It Brick by Brick. The First Brick You Should Lay is Willpower. This Quality Inspires You to Do What is Right in Any Given Moment. It Gives You the Energy to Act with Courage. It Gives You the Control to Live the Life You have Imagined Rather than Accepting the Life That You have. Discipline is an Antidote to Regret.



Balance Living in the Brain/Mind[Dimaag] with
Operating from the Heart. Actually, Lead from the
Heart.



What You Focus on in Your Life Grows.



To Get the Best from Life, be Completely Present
and Mindful in Every Minute of Every Hour of Every
Day.



Without the Ability to Concentrate, a Full and Complete Life is not Possible. If You Lack the Mental Focus to Stay with One Activity for Any Length of Time[Samay], You will Never be able to Achieve Your Goals/Targets, Build Your Dreams or Enjoy Life's Dazzling Process. Meditation is not Some Contrarian Practice Reserved for Monks Sitting Atop Mountains. No, Meditation is an Age-Old Technique Method to Train Your Mind to Function the Way It was Designed to Function.



You can Literally Change Your Life in an Instant by Making a Single Decision Never to Go Back to the Way You have Been Living—No Matter What.



So Don't Expect Others to Change in Order for Your Circumstances to Get Better. You Go Ahead and Take the Noble Path. You Make the Changes That Need to be Made.



The Moment You Fully Grasp this Insight and Set About Ridding Your Mind of All Its Limiting Thoughts, You will See Almost Immediate Improvements in Your Personal Circumstances.



What You Invest Your Attention in will Grow in Your Life.



When You Assume Personal Responsibility for What's not Working in Your Life and then Bravely Start Taking Action to Improve What Needs to Improve, Doors You Didn't Even Know Existed will Begin to Open Up.



Learn from Life and Allow It to Take You Where
You are Meant to Go—It has Your Highest
Interests in Mind.



More You Give to Others, the More You will
Ultimately Receive Yourself. I've Discovered That If
You want More Abundance and Prosperity in Life,
You Need to Give More.



When You Lose the Money, Position and Possessions, You Lose the Power. If You have Tied Your Identity to Those Things, You will Also Lose a Sense of Who You are When They Fall Away. The Only Power Worth Anything is Authentic Power—That Which Comes from Within.



From Today Onwards, Take Complete Control of Your Life. Decide, Once and for All, to be the Master of Your Fate. Run Your Own Race. You will Start to Experience the Ecstasy of an Inspired Life.



Do not Wait Until You are on Your Deathbed to
Realize the Meaning of Life and the Precious Role
You have to Play within It.



Carving Out Time[Samay] Each Day to Work on Ourselves so That the Best within Us Shines, will—in the End—Reveal Themselves to be Most Valuable.



What We Do have Enormous Control Over is the Way We Respond to What Life Sends Our Way. So That's the Partnership: Do Your Best—the Very Best.



Many Possible Paths to Our Best Lives have Been
Written for Us.



There are Many Routes You can Take to Get to Your Biggest Life, the Life That has Been Meant for You—and Getting There is a Homecoming of Sorts as Well. There are Many Jobs You can Take That will Get You to Your Destiny. Now, It's Up to You Which Path You Take as You Attempt to Get to Your Authentic Life. Taking One Path Might Mean a Longer Trip. Taking Another Might be Like Taking an Expressway to Your Destination, with a Smooth Ride and Cloudless Blue Skies. It's Up to You. It is, in Large Part, Determined by the Choices You Make within the Moments of Your Days. You Co-Write the Script That has Been Written for the Story of Your Life.



Everyone, If They Hope to Walk the Path of Their Destinies to Their Biggest Lives, Must Develop an Appreciation for Wisdom.



“Death Ought to be Right There Before the Eyes of Those Who are Young Just as Much as Before the Eyes of Those Who are Very Old. Every Day, Therefore, Should be Regulated as If It Were the One That Brings Up the Rear, the 1/One That Rounds Out and Completes Our Lives.”

Time[Samay] is a Priceless Commodity and the Best Time[Samay] to Live a Richer, Wiser and More Fulfilling Life is Now.



You Must Put in the Effort and Make the Sacrifices
Required to Live the Life of Your Dreams.



Stop Living Your Life by Default.



Life is a Beautiful Tapestry, We Always/Forever Receive What We Need. We Always/Forever Get What's in Our Highest Interest. That's One of Life's Greatest Lessons.



Every Single Day on the Path Brings Greater Blessings — If We Look for Them.



Be Thoughtful About Your Life. Ask Yourself: “How am I Meant to Live?” Question What You are Meant to Do, What Things You will No Longer Tolerate in Your Life and What Standards of Excellence You will Hold Yourself to.



Just Resolve to be Better than Who You Were
Yesterday and Extraordinary Things will Unfold for
You.



Nothing's More Important than having the Bravery
to Live Your Life.



So as You Continue Along this Path to Your Authentic Life—as You Leave the Crowd and Begin to Live by Your Values, Your Beliefs and Your Heart’s Desires, You, as a Seeker, will Inevitably Reach the “Choicepoint.”



The Greater the Gap Between Who We Truly are and the Public Personas That We Present to the World, the less Our Lives will Work. And the less Joy We will Experience. Why? Because There can be No Happiness When We are Betraying Ourselves.



Darkness is Nothing More than an Absence of Light: Once You Pour the Light of Human Awareness and Understanding Into the Darkest Recesses of Your Being, You will Become a Being Filled with Light. Where There was Once Fear[Dar], There will be Love[Pyaar].



As You Move to Higher and Higher Stages on the Path to Self-Mastery, You will Develop Your Own Philosophy About the Way Life Works and Your Place within It. You will Select the Truths of Others That Resonate with the Deepest Part of You. You will Integrate the Wisdom of Others That Rings True to You. And You will Discard Those Ideas That Do not Speak to You and Fail to Make Sense. In Doing so, You will Forge Your Own Authentic Code.



There are Seasons to Our Lives.



When the Seas Get Rough, We Step Out of Ourselves and Ponder Why Things have Unfolded as They have. This Leads to Remarkable Learning and Growth. And Life is All About Growth and Stepping Into Who We are Meant to be.



We can Reduce the Suffering in Our Lives by Assuming Absolute Personal Responsibility for Ourselves and Making Wise Choices During the Hours of Our Days. In this Way, We Do Shape Our Destiny and have the Power to Live Much Happier Lives.



Suffering in Life is Really Nothing More than the
Difference Between the Way Things are and the
Way You Imagine They Should be.



Get Up Early. Do Your Holy Hour. Eat Very Well.
Exercise. Spend Time[Samay] with Nature and
Make Sure That You Do All You can to Keep All
4/Four of Your Central Dimensions—the Mind, the
Body[Sharir], the Heart and the Soul/Spirit—in Fine
Operating Order.



The Nature of Water is to Flow. It Goes with the Current. It Does not Resist. It Does not Hesitate Before It Yields. But It is Also One of the Most Powerful Forces on the Earth.



Coaches Lead Sports Teams and Politicians Lead Communities.



Give the Main Aim of Your Life Over to Far More Important Pursuits Such as Discovery of Your Highest Potential, Giving of Yourself to Others and Making a Difference by Living for Something More Important than Yourself. Success is Fine But Significance is the Real Name of the Game.



That There are Many Forms of Wealth, Financial Wealth Being Only One of Them. One Who has Rich Relationships and a Loving Community Around Her/Him is, One Who has a Life of Excellent Health, Adventure, Excitement and Continuous Learning has Wealth of a Different Sort. And One Who is Deeply Connected to All of Life and Wakes Up Every Morning[Subah] Feeling Deeply at Peace and Aware of the Truth Must Certainly be Considered to be One Who has Accumulated Yet Another Form of Riches. The Crowd—Our Tribe Called Society— has Taught us That Economic Wealth is the Only Type of Wealth We Should Chase. Not True.



Living an Excellent Life is a Manifestation of
Self-Love[Pyaar].



Create a Life That will be Considered a Work of Art.



Self-Mastery is Where Life Mastery Begins.



Each Time[Samay] You Get Into the Gym for a Workout on a Day You Just Don't Feel Like Exercising, You Grow a Little Stronger as a Human Being. Working on Improving Your Physical Condition is a Great Way to Improve Your Character and Enrich the Quality of Your Life. Good Health is True Wealth.



In Life, the Little Things are Actually the Big Things.
And the Quality of Success You will Experience in
Your Life Ultimately Depends Upon the Tiny
Choices You Make Every Minute of Every Hour of
Every Day.



Spending Your Days Doing Work That You Find Rewarding, Intellectually Challenging and Fun will Do More than All the Spa Vacations in the World to Keep Your Souls/Spirits High.



One of the Most Powerful Things You can Do is to
Write the Story of Your Life in Advance.



Never Forget the Importance of Each and Every One of Your Days. Your Days are Your Life in Miniature. As You Live Your Days, so You Live Your Life. Don't Waste Even a Single One of Them. The Past is History and the Future is Just a Figment. This Day, the Present, Is Really All You have. But What You Do Today Powerfully Influences What Tomorrow will Look Like.



The More Disciplined You are with Yourself, the Easier Life will be on You. When You Get Stronger with Yourself and Rein in All Those Weaker Impulses and have the Selfdiscipline to Do What's Right—Every Time—Your Life is Certain to Turn Out Great.



Creating the Lives We want Always/Forever Brings the Feeling of Satisfaction and Joy. The Point is to have Fun— While You Achieve Great Things.



In Order to Awaken to Your Best Life, Every Day
Should be Lived as If It Were Your Last Day on the
Planet.



Truly Successful People, Those Who Experience
Deep Happiness Daily.



Remarkable People are Priority-Driven. This is the Secret of Time[Samay] Mastery. Build Your Days Around Your Priorities.



Those Who Use Time[Samay] Wisely from an Early Age are Rewarded with Rich, Productive and Satisfying Lives. Those Who have Never Been Exposed to the Principle That “Time[Samay] Mastery is Life Mastery” will Never Realize Their Enormous Human Potential. And They will Live a Life Full of Regret.



Plan Your Week and Manage Your Time Creatively. Have the Discipline to Focus Your Time[Samay] Around Your Priorities. Shift to Lean. The Most Meaningful Things in Your Life Should Never be Sacrificed to Those That are the Least Meaningful.



There is a Difference Between Simply Existing and Truly Living. There is a Distinction Between Simply Surviving and Really Thriving.



Chase Your Dreams. Do All You can to Build the Life You want. Do not Shrink from the Greatness That You Know in Your Heart You Were Meant to Present to the Universe/World.



When Your Days are not Guided by a Rich and Inspiring Vision for Your Future, a Clear Image of an End Result That will Help You act More Intentionally, It is not Hard for the Agendas of Those Around You to Dictate Your Actions. The Solution is to be Clear About Your Life's Highest Objectives.



Having Clearly Defined Goals/Targets Offers so Many Benefits. First, Setting Goals/Targets Restores a Sense of Focus in Our Lives, Lives That have Become Complicated by too Many Options. In this Age We Live in, There are Simply Far too Many Things to Do at Any Given Time[Samay]. There are Many Distractions Competing for Our Attention. Goals/Targets Clarify Our Desires and Help us to Focus on Only Those Activities That will Lead us to Where We want to Go.



To Maintain a Healthy Level of Optimism and Passion for Life, You Must Keep on Setting Higher and Higher Goals/Targets. On Attaining One Goal/Target, Whether It is a Career Goal/Target or a Personal 1/One, Make Certain Your Goals/Targets are Worthy of You. And Bring Out the Best within You, Helping You Grow in the Process.



If You so Choose, Tomorrow can be the Day That You Start Getting Up Earlier, Exercising, Eating Well and Playing at a Level Called Extraordinary. No One is Stopping You from Opening Your Journal and, on a Blank Page, Rewriting the Story of Your Life. This Very Minute, You can Decide the Way You Would Like It to Unfold, Change the Central Characters and Create a New Ending. The Only Question is will You Choose to Do so?



Do not Let the Brilliant and Beautiful Treasure of
Your Life Slip Away.



Never Ever Give Up When a Trial Presents Itself on
the Path.



Daily Laughter has Been Shown to Elevate Our Moods, Promote Creativity and Give us More Energy/Power[Shakti].



Do not Read Just Anything. Be Very Selective About What You Put Into the Garden of Your Mind. It Must be Immensely Nourishing. Make It Something That will Improve Both You and the Quality of Your Life. Something That will Inspire and Elevate You.



Start Your Day on a Deliciously Fun Footing.
Laugh, Play Every Day will be an Exquisitely
Rewarding One If You Choose It to be.



The Discipline of Journaling Transforms Lives.



Music Makes Life Better. Music can Lift Your Mood, Put the Smile Back on Your Face and Add Immeasurably to the Quality of Your Life. Get Serious About Listening to Music That Inspires You. Build a Collection of Your Favorite Pieces and Play Something That Fills Your Heart with Joy Every Single Day of the Week. Listening to Even a Few Minutes of Music Every Day is a Simple Yet Exceptionally Powerful Way to Manage Your Moods and Remain at Your Best.



The Way You Begin Your Day Determines the Way You will Live Your Day. The First Thirty Minutes After You Wake Up are “The Platinum 30” Since They are Truly the Most Valuable Moments of Your Day and have a Profound Influence on the Quality of Every Minute That Follows. If You have the Wisdom and Self-Discipline to Ensure That, During this Key Period, You Think Only the Purest of Thoughts and Take Only the Greatest of Actions, You will Notice That Your Days will Consistently Unfold in the Most Marvelous Ways.



Nourish the Deepest Part of You, Plan for a Weekly
Period of Peace.



We can Befriend the World's Most Amazing
People—Whenever We want—Through Books,
Audio Downloads and CDs, Videos and Other
Educational Media.



Be Like the Sun: the Sun Gives All It can Give. But
in Return, All of the Flowers, the Trees and the
Plants Grow Toward It.



Cultivating Great Friendships is One of the Surest
Ways to Find More Happiness and Joy in Your Life.



Compassion and Daily Acts of Kindness Make Life Far Richer. Take the Time[Samay] to Meditate Every Morning on the Good You will Do for Others During Your Day. The Sincere Words of Praise to Those Who Least Expect It, the Gestures of Warmth Offered to Friends in Need, the Small Tokens of Affection to Members of Your Family for No Reason at All, All Add Up to a Much More Wonderful Way to Live.



Do What You Need to Do to Develop a Love[Pyaar]
for Life.



Life is Such a Fragile Thing and Make Use of to the Best of Our Ability.



Have Fun While You are Advancing Along the Path of Your Goals/Targets, Purpose and Dreams. Remain Spirited, Joyful and Curious. have a Great Time[Samay] Along the Way to be Celebrated.



We are All Human Beings. Of Course, There May be Differences in Cultural Background or Way of Life, There May be Differences in Our Faith, or We May be of a Different Color, But We are Human Beings, Consisting of the Human Body[Sharir] and the Human Mind. Our Physical Structure is the Same, and Our Mind and Our Emotional Nature are Also the Same.



Our Days are Numbered. At this Very Moment, Many Thousands are Born Into the World, Some Destined to Live Only a Few Days or Weeks, and then Tragically Succumb to Illness or Other Misfortune. Others are Destined to Push Through to the Century Mark, Perhaps Even a Bit Beyond, and Savor Every Taste Life has to Offer: Triumph, Despair, Joy, Hatred, and Love[Pyaar]. We Never Know. But Whether We Live a Day or a Century, a Central Question Always/Forever Remains: What is the Purpose of Our Life? What Makes Our Lives Meaningful? The Purpose of Our Existence is to Seek Happiness.



If You Harbor Hateful Thoughts or Intense Anger Somewhere Deep Down within Yourself, then It Ruins Your Health; Thus It Destroys One of the Factors. Also, If You are Mentally Unhappy or Frustrated, then Physical Comfort is not of Much Help. On the Other Hand, If You can Maintain a Calm, Peaceful State of Mind, then You can be a Very Happy Person Even If You have Poor Health. Or, Even If You have Wonderful Possessions, When You are in an Intense Moment of Anger or Hatred, You Feel Like Throwing Them, Breaking Them. At That Moment Your Possessions Mean Nothing. So There is no Guarantee That Wealth Alone can Give You the Joy or Fulfillment That You are Seeking. The Same can be Said of Your Friends too. When You are in an Intense State of Anger or Hatred, Even a Very Close Friend Appears to You as Somehow Sort of Frosty, or Cold, Distant, and Quite Annoying.

“All of this Indicates the Tremendous Influence That the Mental State, the Mind Factor, has on Our

Experience of Daily Life. Naturally, then, We have to Take That Factor Very Seriously.

“So Leaving Aside the Perspective of Spiritual[Aadhyaatmik] Practice, Even in Worldly Terms, in Terms of Our Enjoying a Happy Day-to-Day Existence, the Greater the Level of Calmness of Our Mind, the Greater Our Peace of Mind, the Greater Our Ability to Enjoy a Happy and Joyful Life.”



Self-Satisfaction Alone cannot Determine If a Desire or Action is Positive[Sakaaraatmak] or Negative[Nakaaraatmak]. A Murderer May have a Feeling of Satisfaction at the Time He is Committing the Murder, But That Doesn't Justify the Act. All the Nonvirtuous Actions—Lying, Stealing, Sexual Misconduct, and so on—are Committed by People Who May be Feeling a Sense of Satisfaction at the Time[Samay]. The Demarcation Between a Positive and a Negative Desire or Action is not Whether It Gives You a Immediate Feeling of Satisfaction But Whether It Ultimately Results in Positive[Sakaaraatmak] or Negative[Nakaaraatmak] Consequences.



How can We Achieve Inner Contentment? One Method is to Obtain Everything That We want and Desire—All the Money, Houses, and Cars; the Perfect Mate; and the Perfect Body[Sharir].



It's Easier to Make the "Right Decision" Because We are Acting to Give Ourselves Something, not Denying or withholding Something from Ourselves—an Attitude of Moving Toward Rather than Moving Away, an Attitude of Embracing Life Rather than Rejecting It. This Underlying Sense of Moving Toward Happiness can have a Very Profound Effect; It Makes us More Receptive, More Open, to the Joy of Living.



“When We Refer to ‘Mind’ or ‘Consciousness,’ There are Many Different Varieties. Just Like External Conditions or Objects, Some Things are Very Useful, Some are Very Harmful, and Some are Neutral. So When Dealing with External Matter, Usually We First Try to Identify Which of These Different Substances or Chemicals are Helpful, so We can Take Care to Cultivate, Increase, and Use Them. And Those Substances Which are Harmful, We Get Rid of. So Similarly, When We Talk About Mind, There are Thousands of Different Thoughts or Different ‘Minds’. Among Them, Some are Very Helpful; Those, We Should Take and Nourish. Some are Negative [Nakaaraatmak], Very Harmful; Those, We Should Try to Reduce.



In Dealing with Reality, You have to Take That Law/Rule Into Account. So, for Instance, in the Case of Everyday Experiences, If There are Certain Types of Events That You Do not Desire, then the Best Method of Ensuring That Event Does not Take Place is to Make Sure That the Causal Conditions That Normally Give Rise to That Event No Longer Arise.



Changing How We Perceive Ourselves, Through Learning and Understanding, can have a Very Real Impact on How We Interact with Others and How We Conduct Our Daily Lives.”



The Subject of Human Affection or Compassion isn't Just a Religious[Dhaarmik] Matter; It's an Indispensable Factor in One's Day-to-Day Life.

"Then, Our Physical Structure Seems to be More Suited to Feelings of Love[Pyaar] and Compassion. We can See How a Calm, Affectionate, Wholesome State of Mind has Beneficial Effects on Our Health and Physical Well-Being. Conversely, Feelings of Frustration, Fear[Dar], Agitation, and Anger can be Destructive to Our Health."

How We Feel When Others Show us Warmth and Affection. Or, Observe How Our Own Affectionate Feelings or Attitudes Automatically and Naturally Affect us from within, How They Make us Feel. These Gentler Emotions and the Positive[Sakaaraatmak] Behaviors That Go with Them Lead to a Happier Family and Community Life.



We Could Make a Good Case That the Capacity to Bring Pleasure to Another, the Caregiver, is Inborn.



The Purpose of Our Life is Happiness. That Simple Statement can be Used as a Powerful Tool in Helping us Navigate Through Life's Daily Problems. From That Perspective, Our Task Becomes One of Discarding the Things That Lead to Suffering and Accumulating the Things That Lead to Happiness. The Method, the Daily Practice, Involves Gradually Increasing Our Awareness and Understanding of What Truly Leads to Happiness and What Doesn't.



The Purpose of Our Life Needs to be Positive[Sakaaraatmak]. We Weren't Born with the Purpose of Causing Trouble, Harming Others. For Our Life to be of Value, I Think We Must Develop Basic Good Human Qualities—Warmth, Kindness, Compassion. Then Our Life Becomes Meaningful and More Peaceful—Happier.



We Need to Make the Best Use of Our Time[Samay]. If You can, Serve Other People, Other Sentient Beings. If not, at Least Refrain from Harming Them.



There is No Way That You can Come Up with One Formula That Could Solve All Problems. It's a Bit Like Cooking. If You are Cooking a Very Delicious Food/Meal, a Special Food/Meal, then There are Various Stages in the Cooking. You May have to First Boil the Vegetables Separately and then You have to Fry Them and then You Combine Them in a Special Way, Mixing in Spices and so on. And Finally, the End Result Would be this Delicious Product.



Compassion Provides the Basis of Human Survival,
the Real Value of Human Life, and without That
There is a Basic Piece Missing.



Adopting an Altruistic Lifestyle is a Critical
Component of Good Mental Health.



Compassion is the Essence of a Spiritual Life.



It is in Fact the Presence in the Enemy, the Intention to Hurt us, That Makes the Enemy's Action Unique. Otherwise, If It is Just the Actual Act of Hurting us, then We Would Hate Doctors and Consider Them as Enemies Because Sometimes They Adopt Methods That can be Painful, Such as Surgery. But Still, We Do not Consider These Acts as Harmful or the Acts of an Enemy Because the Intention on the Part of the Doctor was to Help us. So, Therefore, It is Exactly this Willful Intention to Harm us That Makes the Enemy Unique.



Developing a Flexible Approach to Living is not Only Instrumental in Helping us Cope with Everyday Problems—It Also Becomes the Cornerstone for a Key Element of a Happy Life: Balance.



If You are Trying to Stop Smoking, First You have to be Aware That Smoking is Harmful to the Body[Sharir]. You have to Increase That Awareness Until It Leads to a Firm Conviction About the Harmful Effects of Smoking.



Better Educated Individuals are More Aware of Health Risk Factors, are Better able to Implement Healthier Lifestyle Choices, Feel a Greater Sense of Empowerment and Self-Esteem, have Greater Problem-Solving Skills and More Effective Coping Strategies—All Factors That can Contribute to a Happier, Healthier Life.



As We Grow, Day by Day Through Education and Learning We can Acquire Knowledge[Gyaan] and Dispel Ignorance. However, If We Leave Ourselves in an Ignorant State without Consciously Developing Our Learning, We Won't be able to Dispel Ignorance.



“Essentially, There are Two Kinds of Emotions or States of Mind: Positive[Sakaaraatmak] and Negative[Nakaaraatmak]. One Way of Categorizing These Emotions is in Terms of Understanding That the Positive[Sakaaraatmak] Emotions are Those Which can be Justified, and the Negative[Nakaaraatmak] Emotions are Those Which cannot be Justified. Desire for One’s Basic Necessities to be Met is a Positive[Sakaaraatmak] Kind of Desire. It is Justifiable. It is Based on the Fact That We All Exist and have the Right to Survive. And in Order to Survive, There are Certain Things That We Require, Certain Needs That have to be Met. So That Kind of Desire has a Valid Foundation. And, as We Discussed, There are Other Types of Desire That are Negative, Like Those Kinds of Desires are not Based on Valid Reasons, and Often Just Create Trouble and Complicate One’s Life. Wanting More, Even Though the Things We want aren’t Really Necessary. Those Kinds of Desires have no Solid Reasons Behind Them. So, in this Way We can

Say That the Positive[Sakaaraatmak] Emotions have a Firm and Valid Foundation, and the Negative[Nakaaraatmak] Emotions Lack this Valid Foundation.”



Wherever One is, so One can Use them as a
Source of Inner Strength.



There are Other Strength-Giving Features of a
Spiritual Life.



Engaging in Training or a Method of Bringing About Inner Discipline within One's Brain/Mind[Dimaag] is the Essence of a Religious[Dhaarmik] Life, an Inner Discipline That has the Purpose of Cultivating These Positive[Sakaaraatmak] Mental States. Thus, Whether One Leads a Spiritual Life Depends on Whether One has Been Successful in Bringing About That Disciplined, Tamed State of Brain/Mind[Dimaag] and Translating That State of Brain/Mind[Dimaag] Into One's Daily Actions.



Life is Tenuous and We Never Know When We'll Die. When this Reflection is Combined with a Belief in the Rarity of Human Existence and the Possibility of Attaining a State of Spiritual Liberation, of Release from Suffering and Endless/Finishless/Infinite/Timeless/Unending Rounds of Rebirth, then this Contemplation Serves to Increase the Practitioner's Resolve to Use Her or His Time to Best Advantage, by Engaging in the Spiritual[Aadhyaatmik] Practices That will Bring About this Liberation. On a Deeper Level, the Contemplation of the More Subtle Aspects of Impermanence, the Impermanent Nature of All Phenomena, Begins the Practitioner's Quest to Understand the True Nature of Reality and, Through this Understanding, Dispel the Ignorance That is the Ultimate Source of Our Suffering.



As Our Lives Play Out, We Develop from Infancy to Childhood, to Adulthood, to Old Age. We Accept These Changes in Individual Development as a Natural Progression.

The Knowledge(Gyaan) of Men/Man/Male/Boy/Gent of Life of Before Salvation/of Examination Life/of Life :



Every Worldly Men/Man/Male/Boy/Gent is Incomplete without a Women/Woman/Female/Girl/Lady, Any Worldly Men/Man/Male/Boy/Gent Needs a Women/Woman/Female/Girl/Lady. A Quality Women/Woman/Female/Girl/Lady Makes a Men's/Man's/Male's/Boy's/Gent's Life Beautiful, Heavenly, Pleasant and A Quality less Women/Woman/Female/Girl/Lady Makes the Life of a Men/Man/Male/Boy/Gent a Hell, a Slave, Worried. That is Why We Should Never Keep Contact with a Quality less Women/Woman/Female/Girl/Lady But, Always/Forever have Any type of Contact with a Quality Women/Woman/Female/Girl/Lady.



If Any Men/Man/Male/Boy/Gent are Do Milk Intake in Everyday, Never Suffer Lust in Body of Self, Never Suffer Masturbation, Never Think About Sex In Life of Before Salvation/of Examination Life/of Life Apart from/Other than Lust OR Masturbation OR Sex Pay/Suffer by Women/Woman/Female/Girl/Lady Partner of Self then That Men/Man/Male/Boy/Gent are Stay Stunning Beauty and Good Look Holder in Her Full Life(of Life of Before Salvation/of Examination Life/of Life) so Never Suffer Lust in Body of Self, Never Suffer Masturbation, Never Think About Sex in Life of Before Salvation/of Examination Life/of Life Apart from/Other than Lust OR Masturbation OR Sex Pay/Suffer by Women/Woman/Female/Girl/Lady Partner of Self for Always/Forever.



If Any Men/Man/Male/Boy/Gent are Never Suffer Lust in Body of Self, Never Suffer Masturbation, Never Think About Sex in Life of Before Salvation/of Examination Life/of Life Apart from/Other than Lust OR Masturbation OR Sex Pay/Suffer by Women/Woman/Female/Girl/Lady Partner of Self then Majority That type Men/Man/Male/Boy/Gent are Never Do Generation to Any type of Negativity in His Full Life(of Life of Before Salvation/of Examination Life/of Life) so Never Suffer Lust in Body of Self, Never Suffer Masturbation, Never Think About Sex in Life of Before Salvation/of Examination Life/of Life Apart from/Other than Lust OR Masturbation OR Sex Pay/Suffer by Women/Woman/Female/Girl/Lady Partner of Self for Always/Forever.

The Knowledge(Gyaan) of Women/Woman/Female/Girl/Lady of Life of Before Salvation/of Examination Life/of Life :



Every Worldly Women/Woman/Female/Girl/Lady is Incomplete without a Men/Man/Male/Boy/Gent, Any Worldly Women/Woman/Female/Girl/Lady Needs a Men/Man/Male/Boy/Gent.

A Quality Men/Man/Male/Boy/Gent Makes a Women's/Woman's/Female's/Girl's/Lady's Life Beautiful, Heavenly, Pleasant and A Quality less Men/Man/Male/Boy/Gent Makes the Life of a Women/Woman/Female/Girl/Lady a Hell, a Slave, Worried. That is Why We Should Never Keep Contact with a Quality less Men/Man/Male/Boy/Gent But, Always/Forever have Any type of Contact with a Quality Men/Man/Male/Boy/Gent.



If Any Women/Woman/Female/Girl/Lady are Do Milk Intake in Everyday, Never Suffer Lust in Body of Self, Never Suffer Masturbation, Never Think About Sex in Life of Before Salvation/of Examination Life/of Life Apart from/Other than Lust OR Masturbation OR Sex Pay/Suffer by Men/Man/Male/Boy/Gent Partner of Self then That Women/Woman/Female/Girl/Lady are Stay Stunning Beauty and Good Look Holder in Her Full Life(of Life of Before Salvation/of Examination Life/of Life) so Never Suffer Lust in Body of Self, Never Suffer Masturbation, Never Think About Sex in Life of Before Salvation/of Examination Life/of Life Apart from/Other than Lust OR Masturbation OR Sex Pay/Suffer by Men/Man/Male/Boy/Gent Partner of Self for Always/Forever.



If Any Women/Woman/Female/Girl/Lady are Never Suffer Lust in Body of Self, Never Suffer Masturbation, Never Think About Sex in Life of Before Salvation/of Examination Life/of Life Apart from/Other than Lust OR Masturbation OR Sex Pay/Suffer by Men/Man/Male/Boy/Gent Partner of Self then Majority That type Women/Woman/Female/Girl/Lady are Never Do Generation to Any type of Negativity in Her Full Life(of Life of Before Salvation/of Examination Life/of Life) so Never Suffer Lust in Body of Self, Never Suffer Masturbation, Never Think About Sex in Life of Before Salvation/of Examination Life/of Life Apart from/Other than Lust OR Masturbation OR Sex Pay/Suffer by Men/Man/Male/Boy/Gent Partner of Self for Always/Forever.

The Knowledge(Gyaan) of Engaged and Married Men/Man/Male/Boy/Gent of Life of Before Salvation/of Examination Life/of Life :



Engaged OR Married Men/Man/Male/Boy/Gent Must Serve Their Wife Just as They Would Serve the Soul of Self. Even If Their Wife are Ill OR Unhealthy, They Must Never Utter an Abusive Word Towards Them.



Under Normal Circumstances, Engaged OR
Married Men/Man/Male/Boy/Gent Should not
Associate with Other Young, Beautiful OR
Charismatic Women/Woman/Female/Girl/Lady.

The Knowledge(Gyaan) of Engaged and Married Women/Woman/Female/Girl/Lady of Life of Before Salvation/of Examination Life/of Life :



Engaged OR Married

Women/Woman/Female/Girl/Lady Must Serve Their Husband Just as They Would Serve the Soul of Self. Even If Their Husband are Ill OR Unhealthy, They Must Never Utter an Abusive Word Towards Them.



Under Normal Circumstances, Engaged OR
Married Women/Woman/Female/Girl/Lady Should
not Associate with Other Young, Handsome OR
Charismatic Men/Man/Male/Boy/Gent.

The Knowledge[Gyaan] of Law/Rule of Life
of Before Salvation/of Examination Life/of
Life :



The Great Secret of Life is the Law/Rule of
Attraction.



The Universe is Governed by Natural Laws. We can Fly in an Airplane Because Aviation Works in Harmony with Natural Laws. The Laws of Physics Didn't Change for Us to be Able to Fly, But We Found a Way to Work in Accordance with The Natural Laws, and by Doing so We can Fly. Just as Laws of Physics Govern Aviation, Electricity, and Gravity, There is a Law That Governs Love[Pyaar].



Giving Love is the Law That Applies to Everything
in Your Life. And Giving Love is the Law of
Relationships.



What You Give to Others, You Give to Yourself. The Most Enlightened Beings Throughout History Told us to Love Others. You Were not Told to Love Others Just so That You Would be a Nice Person. You Were Being Given the Secret to Life! You Were Being Given the Law of Attraction' When You Love Others, You will have an Amazing Life. When You Love Others, You will Receive the Life You Deserve.

"The Entire Law is Summed Up in a Single Command, Love Your Neighbor as Yourself"

Give Love to Others Through Kindness, Encouragement, Support, Gratitude, or Any Good Feeling, and It Comes Back to You and Multiplies Itself, Bringing Love to Every Other Area of Your Life, Including Your Health, Money, Happiness, and Career.

Give Negativity to Others, Through Criticism, Anger, Impatience, or Any Bad Feeling, and You

Will Receive That Negativity Back - Guaranteed!
And as the Negativity Comes Back, It Multiplies
Itself, Attracting More Negativity, Which Affects the
Rest of Your Life.



“The Laws/Rules of the Universe Operate Mathematically to the Finest Possible Degree; That is Something You can Count on!

A Pilot Doesn't Hope That the Laws/Rules of Physics will Keep Working During It's flight, Because It Knows the Laws/Rules of Physics will Never Fail. You Don't Go Into Your Day and Hope That the Law/Rule of Gravity will Keep You on the Ground so You Don't Float Off Into Space. You Know There's No Chance at Play, and Gravity's Law/Rule will Never Fail.

If You want Magnificent Outcomes to Everything You Do, then You have to Use the Law/Rule That Governs Outcomes.

The Knowledge(Gyaan) of Religion[Dharma] of Life of Before Salvation/of Examination Life/of Life :



The Practice of Religion[Dharma], Real Spiritual Practice, is in Some Sense Like a Voltage Stabilizer. The Function of the Stabilizer is to Prevent Irregular Power Surges and Instead Give You a Stable and Constant Source of Energy/Power[Shakti].

The Knowledge(Gyaan) of Act of Life of
Before Salvation/of Examination Life/of
Life :



Do the Right Things. Act in a Way That is
Congruent with Your True Character. Act with
Integrity. The Rest will Take Care of Itself.



To Build a will of Iron, It is Essential to Take Small, Tiny Acts in Tribute to the Virtue of Personal Discipline. Routinely Performed, the Little Acts Pile One on Top of Another to Eventually Produce an Abundance of Inner Strength.

The Knowledge[Gyaan] of Death of Life of
Before Salvation/of Examination Life/of
Life :



It is not That after Death You will Compressed OR
Decay.

The Knowledge(Gyaan) of Hermit/Sage/Saint of Life of Before Salvation/of Examination Life/of Life :



When a Seeker Makes the Decision to Commit to Walking Toward the Life That was Meant for Him, He will Inevitably Reach a Point When He Begins to See There is an Entirely Different World Out There than He has Ever Known. This is an Incredible Place for a Human Being to Arrive at. The Limits Vanish. He's Ready to Play with Possibility.

The Knowledge(Gyaan) of Birth of Life of Before Salvation/of Examination Life/of Life :



At Birth, Infants Appear to be Programmed with
Only 1/One Thing on Their Minds: the Gratification
of Their Own Needs—Food, Physical Comfort, and
so On.

The Knowledge(Gyaan) of
Brain/Mind[Dimaag] of Life of Before
Salvation/of Examination Life/of Life :



The Brain/Mind[Dimaag] will Help You Gain
Knowledge[Gyaan] and Receive Education from
Life's Teachings.



Our Brains/Minds[Dimaag] are Malleable, Ever Changing, Reconfiguring Their Wiring According to New Thoughts and Experiences.



If One Tries to Get Sufficient Sleep, Eat a Healthy Diet, Abstain from Alcohol, and so on, These Kinds of Things will Help Make One's Brain/Mind[Dimaag] More Alert.

The Knowledge(Gyaan) of Family of Life of Before Salvation/of Examination Life/of Life :



When a Person Becomes Old or Sick, They aren't Marginalized, Shipped off to Nursing Homes to be Cared for by Health Professionals—They Remain in the Community, to be Cared for by the Family.

The Knowledge(Gyaan) of Food/Meal of Life of Before Salvation/of Examination Life/of Life :



Human Beings in the Stone Age Didn't Know How to Cook Meat But They Still had the Biological Need to Eat. As Humans Progressed, They Learned How to Cook and then How to Put in Different Spices to Make the Food More Tasty and then They Came Up with More Diverse Dishes.

The Knowledge(Gyaan) of Happy of Life of Before Salvation/of Examination Life/of Life :



The Benefits of Happiness -

In Fact, Cultivating Greater Happiness can be Seen as “One-Stop Shopping” for Those Seeking Greater Success in Every Major Life Domain. Happy People are More Likely to Attract a Mate, Enjoy Stronger and More Satisfying Marriages, and are Better Parents. Happy People are Also Healthier, with Better Immune Function and less Cardiovascular Disease. Happy Individuals Live Up to 10/Ten Years Longer than Their less Happy Peers! In Addition, Happiness Leads to Better Mental Health, Greater Resilience, and an Increased Capacity to Deal with Adversity and Trauma.

Happiness Leads to Greater Creativity and Improved Mental Functioning.

The Benefits of Happiness Extend to the Workplace, as Well, with Happy Individuals Performing Better and Enjoying Greater Personal Success on Every Level, Including Higher Income. Higher Income is More Directly Related to One's Level of Happiness than to 1/One's Level of Education. The Organizations Which has Happy Employees are More Successful, Consistently Demonstrating Greater Profitability; this isn't Surprising Considering That Happy Workers are More Productive, More Loyal to the Company, Take Fewer Sick Days, Show Up to Work More Consistently, have Fewer Conflicts with Coworkers, Quit Their Jobs less Frequently, and Generate Greater Customer Satisfaction.

So There is No Question That Happiness Brings Tremendous Personal Rewards. But It is Also Critical to Point Out That Cultivating Greater Happiness Benefits not Only Oneself, But Also One's Family, Community and Society In Fact, Happiness and Positive[Sakaaraatmak] Emotions Act as an Antidote to Prejudice, Causing Changes in the Brain/Mind[Dimaag] That Prevent the

Instinctual Bias Against Those We Perceive as Different, Ultimately Breaking Down the Barriers Between Us and Them! The Beneficial Effects of Happiness Extend to the Broadest Level of Society.

If You are Truly Concerned About the Welfare of Others and Building a Better World, It is Your Duty to be Happy, or to Do What You can to Become Happier.



The Purpose of Our Life is to Seek Happiness. It is a Vision of Happiness as a Real Objective, One That We can Take Positive[Sakaaraatmak] Steps Toward Achieving. And as We Begin to Identify the Factors That Lead to a Happier Life, We will Learn How the Search for Happiness Offers Benefits not Only for the Individual But for the Individual's Family and for Society at Large as Well.



The Firm Resolve to Become Happy to Learn About the Factors That Lead to Happiness and Take Positive[Sakaaraatmak] Steps to Build a Happier Life.



The Art of Happiness has Many Components. As We've Seen, It Begins with Developing an Understanding of the Truest Sources of Happiness and Setting Our Priorities in Life Based on the Cultivation of Those Sources.



A Happy Life is Built on a Foundation of a Calm,
Stable State of Brain/Mind[Dimaag].

The Knowledge(Gyaan) of Success of Life
of Before Salvation/of Examination Life/of
Life :



Success cannot be Pursued; Success Ensues. It
Flows as the Unintended Byproduct of Efforts
Concentrated in the Direction of a Worthy Cause.

The Knowledge(Gyaan) of Learn of Life of
Before Salvation/of Examination Life/of
Life :



Learn from Your Life and Let Your Past Serve You.



“Seek Learning Even If You Were to Die
Tomorrow.”

The Knowledge(Gyaan) of Mother/Step Mother of Life of Before Salvation/of Examination Life/of Life :



If Any Time Small Child OR Progeny of Self are Question of "How Born The Baby ?" OR "How I was Born" then Say Truth Answer "While Men/Man/Male/Boy/Gent and Women/Woman/Female/Girl/Lady are Do Very-Very Love and Love of Lust then The Women/Woman/Female/Girl/Lady are Get Pregnancy in Her Vagina and after 9/Nine Months The Baby are Get Birth from Vagina" OR "While Your Mother are Do Very-Very Love and Love of Lust then I was Get Pregnancy My Vagina and after 9/Nine Months You was Get Birth from My Vagina" But, Never Say Any type of Wrong Answer to Progeny of Self for Always/Forever.

The Knowledge(Gyaan) of Parent of Life
of Before Salvation/of Examination Life/of
Life :



The Good Parents Compassionate Commitment to
Take Care of Their Child Until It is Able to Take
Care of Itself.



Those Miraculous Years of Your Sons' and
Daughters' Childhoods will Never Come Again. So
Act Now.

The Knowledge(Gyaan) of Positive of Life of Before Salvation/of Examination Life/of Life :



As Time Goes on, You can Make Positive[Sakaaraatmak] Changes. Everyday as Soon as You Get Up, You can Develop a Sincere Positive[Sakaaraatmak] Motivation, Thinking, 'I will Utilize this Day in a More Positive[Sakaaraatmak] Way. I Should not Waste this Very Day.' And then, at Night Before Bed, Check What You've Done, Asking Yourself, 'Did I Utilize this Day as I Planned?' If It Went Accordingly, then You Should Rejoice. If It Went False/Wrong, then Regret What You Did and Critique the Day. So, Through Methods Such as this, You can Gradually Strengthen the Positive[Sakaaraatmak] Aspects of the Brain/Mind[Dimaag].

The Knowledge(Gyaan) of Morning[Subah] of Life of Before Salvation/of Examination Life/of Life :



Getting Up Early is a Gift You Give to Yourself. Few Disciplines have the Power to Transform Your Life as Does the Habit of Early Rising. There is Something Very Special About the First Few Hours of the Morning[Subah]. Time Seems to Slow Down. Joining the 5/Five o’Clock Club will Allow You to Start Controlling Your Day Rather than Letting Our Day Control You. Winning the “Battle of the Bed” and Putting “Brain/Mind[Dimaag] Over Mattress” by Rising Early will Provide You with at Least One Quiet Hour for Yourself During the Most Crucial Part of Your Day: the Beginning. If Spent Wisely, the Rest of Your Day will Unfold in a Wonderful Way.

The Knowledge(Gyaan) of Day of Life of
Before Salvation/of Examination Life/of
Life :



Wise People Remind Themselves That Every Day
Could be Their Last.



Play Big with the Gifts of Your Days.

The Knowledge(Gyaan) of Habit[Aadat] of
Life of Before Salvation/of Examination
Life/of Life :



When You form the Habit[Aadat] of Searching for
the Positive[Sakaaraatmak] in Every Circumstance,
Your Life will Move Into Its Highest Dimensions.



The Quality of Your Life will be Determined in
Large Measure by the Nature of Your Habits.

The Knowledge(Gyaan) of Goal/Target of
Life of Before Salvation/of Examination
Life/of Life :



The Basic Goal/Target OR End of Life of Before
Salvation/of Examination Life/of Life is Happiness.



Having Clearly Defined Goals/Targets Offers so Many Benefits. First, Setting Goals/Targets Restores a Sense of Focus in Our Lives, Goals/Targets Clarify Our Desires and Help us to Focus on Only Those Activities That will Lead us to Where We want to Go.

The Knowledge(Gyaan) of Method of Life
of Before Salvation/of Examination Life/of
Life :



Must Find Methods/Ways to Make Life Better.

The Knowledge(Gyaan) of Financial
Adviser of Life of Before Salvation/of
Examination Life/of Life :



If You are a Financial Adviser, Remain Centered on
the Fact That Your Services Help People Retire
Early, Build the Homes They have Always/Forever
Wanted and Fulfill Their Dreams.

The Knowledge(Gyaan) of Insurance
Professional of Life of Before Salvation/of
Examination Life/of Life :



If You are an Insurance Professional, Remember
That You Help People Bring Security to Their Lives
and Serve Them in Times of Need.

The Knowledge(Gyaan) of Retail Clerk of
Life of Before Salvation/of Examination
Life/of Life :



If You are a Retail Clerk, Think About How Your
Work Serves People and How the Products You
Offer Them Add Joy to Their Lives.

The Knowledge(Gyaan) of Student of Life of Before Salvation/of Examination Life/of Life :

The Knowledge(Gyaan) of Medical Student of Life of Before Salvation/of Examination Life/of Life -



Never Do Practical OR Practice(for Learn Cure/Remedy of Any type of Body) on Any type of Creature OR Soul Apart from/Other than Death Body[Which Death Body are not Killed for Learn(for Cure/Remedy) Biology] in Life(of Before Salvation/of Examination Life/of Life) for Always/Forever Because, Do Practical OR Practice(for Learn Cure/Remedy of Any type of Body) on Any type of Creature OR Soul is Crime, False/Wrong, Illegal, Unrighteous & Untruth so Never Do Practical OR Practice(for Learn Cure/Remedy of Any type of Body) on Any type of Creature OR Soul Apart from/Other than Death Body[Which Death Body are not Killed for Learn(for Cure/Remedy) Biology] in Life in Before

Salvation/in Examination Life/in Life for
Always/Forever.

The Knowledge(Gyaan) of Teacher of Life of Before Salvation/of Examination Life/of Life :



As Children Grow Older and Enter School, Their Need for Support Must be Met by Their Teacher. If a Teacher not Only Imparts Academic Education But Also Assumes Responsibility for Preparing Students for Life, His OR Her Pupils will Feel Trust and Respect and What has Been Taught will Leave an Indelible Impression on Their Minds. On the Other Hand, Subjects Taught by a Teacher Who Does not Show True Concern for His OR Her Students' Overall Well-Being will be Regarded as Temporary and not Retained for Long.

The Knowledge(Gyaan) of Past of Life of Before Salvation/of Examination Life/of Life :



The Past is a Grave and It Makes no Sense to Spend Your Life Living in a Grave. Every Ending Represents a New Beginning. OR to Put It Another Way, You cannot Move Forward in Life if You're Stuck Looking in the Rearview Mirror.

The Knowledge(Gyaan) of Present of Life
of Before Salvation/of Examination Life/of
Life :



The Heart Lives in the Present Moment, Knowing
That is Where Life is to be Lived.



The Most Important Moment is Now. Learn to Live
in It and Savor It Fully.

The Knowledge(Gyaan) of Relation of Life of Before Salvation/of Examination Life/of Life :



There are Different Types of Relationships and Understand the Differences Between Them. For Example, Leaving Aside the Issue of Marriage for a Moment, Even within Ordinary Friendships We can Recognize That There are Different Types of Friendships. Some Friendships are Based on Wealth, Power, or Position. In These Cases Your Friendship Continues as Long as Your Power, Wealth, or Position is Sustained. Once These Grounds are No Longer There, then the Friendship will Also Begin to Disappear. On the Other Hand, There is Another Kind of Friendship. Friendships That are Based not on Considerations of Wealth, Power, and Position But Rather on True Human Feeling, a Feeling of Closeness in Which There is a Sense of Sharing and Connectedness. This Type of Friendship is What I Would Call Genuine Friendship Because It Would not be Affected by the Status of the Individual's Wealth, Position, or

Power, Whether It is Increasing or Whether It is Declining. The Factor That Sustains a Genuine Friendship is a Feeling of Affection. If You Lack That, then You Won't be able to Sustain a Genuine Friendship. Of Course, But If You're Running Into Relationship Problems, It's Often Very Helpful to Simply Stand Back and Reflect on the Basis of That Relationship.

“In the Same Way, If Someone is Running Into Problems with His or Her Spouse, It can be Helpful to Look at the Underlying Basis of the Relationship. For Example, You Often Find Relationships Very Much Based on Immediate Sexual Attraction. When a Couple has Just Met, Seen Each Other on Just a Few Occasions, They May be Madly in Love[Pyaar] and Very Happy,” “But Any Decision About Marriage Made at That Instant Would be Very Shaky. Just as One can Become, in Some Sense, Insane from the Power of Intense Anger or Hatred, It is Also Possible for an Individual to Become in Some Sense Insane by the Power of Passion or Lust. And Sometimes You Might Even Find Situations Where an Individual Could Feel,

‘Oh, My Boyfriend or Girlfriend is not Really a Good Person, not a Kind Person, But Still I Feel Attracted to Him or Her.’ So a Relationship That is Based on That Initial Attraction is Very Unreliable, Very Unstable, Because It is Very Much Based on Temporary Phenomena. That Feeling is Very Short Lived, so after Some Time, That will Go.” When Dealing with Relationship Problems, the Tremendous Importance of Examining and Understanding the Underlying Nature of the Relationship.

“Now, While Some Relationships are Based on Immediate Sexual Attraction, You can have Other Types of Relationships, on the Other Hand, in Which the Person in a Cool State of Mind will Realize That Physically Speaking, in Terms of Appearance, My Boyfriend or Girlfriend May not be That Attractive But He or She is Really a Good Person, a Kind, Gentle Person. A Relationship That is Built on That Forms a Kind of a Bond That is More Long Lasting, Because There is a Kind of Genuine Communication at a Very Human and Personal Level Between the 2/Two ...”

1/One can have a Good, Healthy Relationship That Includes Sexual Attraction as One Component. So It Seems, then, That There can be 2/Two Principal Types of Relationships Based on Sexual Attraction. One Type is Based on Pure Sexual Desire.

The Knowledge(Gyaan) of Pain of Life of
Before Salvation/of Examination Life/of
Life :



Pain/Suffering is the Underlying Nature of
Samsara/Sansaar, of Unenlightened Exis Ence.



The Torture of Guilt is in Thinking That Any Problem is Permanent. Since There is Nothing That Doesn't Change, However, so too Some Pain Subsides—a Some Problem Doesn't Persist. This is the Positive Side of Some Change. The Negative[Nakaaraatmak] Side is That We Resist Some Change in Nearly Every Arena of Life. The Beginning of Being Released from Suffering is to Investigate One of the Primary Causes: Resistance to Some Change.



By Reflecting on Suffering During the Quieter Moments of Our Lives, When Things are Relatively Stable and Going Well, We May Often Discover a Deeper Value and Meaning in Our Suffering.

The Knowledge(Gyaan) of Fear[Dar] of Life of Before Salvation/of Examination Life/of Life :



Fear[Dar] is the Primary Factor That Causes
People to Live Small, Inauthentic Lives. And Most
Fears[Dar] are Illusions.

The Knowledge(Gyaan) of Time[Samay] of
Life of Before Salvation/of Examination
Life/of Life :



The Time[Samay] to Start Building Your Legacy is
Today, not 10/Ten Years from Today When You
“have More Time[Samay].” Reflect on What It is
You want to Create in Your Life.



Designate Some Time Every Single Day for
Personal Renewal.

The Knowledge(Gyaan) of
Marriage/Wedding[Shaadi] of Life of
Before Salvation/of Examination Life/of
Life :



Marriage/Wedding[Shaadi] is a Factor That can, in
Fact, Bring Happiness—Providing the Intimacy and
Close Bonds That Enhance Health and Overall Life
Satisfaction.

The Knowledge(Gyaan) of Conduct of Life
of Before Salvation/of Examination Life/of
Life :



We All Need to Conduct Our Lives in a Way That
will Allow us to Transcend Ourselves.

The Knowledge[Gyaan] of
Delusion[Bhram] of Life of Before
Salvation/of Examination Life/of Life :



It's Easy to Recognize the Afflictive Nature of
These 'Negative[Nakaaraatmak] Delusions' Simply
Because They have this Tendency to Destroy Our
Calmness and Presence of Brain/Mind.

The Knowledge(Gyaan) of Important of Life of Before Salvation/of Examination Life/of Life :



'If You are Struck by a Poisonous Arrow, It is Important First to Pull It Out.' There is No Time to Ask Who Shot It, What Sort of Poison It is, and so On. First Handle the Immediate Problem, and Later Investigate.

The Knowledge[Gyaan] of Community of
Life of Before Salvation/of Examination
Life/of Life :



To Live a Happier, More Peaceful Life, Begin to
See That the Richness of Our Society Comes from
Its Diversity.

The Knowledge(Gyaan) of Elder of Life of
Before Salvation/of Examination Life/of
Life :



If You Do not Devote the Time and Effort to
Becoming the Best Parent You Know You can be,
One Day You will Deeply Regret the Lost
Opportunity.